

Report On Tribute to Major Dhyan Chand, Fit India Pledge and Sports Activities

Date: 29th August 2025

Occasion: National Sports Day

Introduction

National Sports Day is celebrated every year on 29th August to commemorate the birth anniversary of **Major Dhyan Chand**, the legendary hockey player of India. On this occasion, institutions across the country organized various activities to honor his legacy, promote fitness, and encourage student participation in sports.

Activities Conducted

1. **SPECIAL TRIBUTE TO MAJOR DHYAN CHAND.**
 - Sports Event commenced with a **special tribute to Major Dhyan Chand**.
 - His life journey, achievements, and contribution to Indian hockey were shared with students.
 - Students and staff remembered him as the “Hockey Wizard” and expressed deep respect for his legacy.
2. **Fit India Pledge**
 - After the tribute, all students, staff, and faculty members took the **Fit India Pledge**.
 - The pledge highlighted the importance of physical fitness, healthy eating, and regular exercise in daily life.
3. **60 Minutes of Sports & Recreational Games**
 - A dedicated **one-hour session** was organized for recreational activities.
 - Students actively participated in games such as **yoga, stretching exercises, etc**
 - The activities promoted **teamwork, discipline, and sportsmanship** while ensuring fun and active engagement for all.

Outcome

- The celebrations provided students with an opportunity to understand the **importance of sports and physical fitness** in life.
- The program created awareness about adopting a healthy lifestyle through the **Fit India Movement**.
- Students participated with enthusiasm, and the environment reflected **energy, positivity, and team spirit**.
- The occasion not only paid homage to Major Dhyan Chand but also strengthened the culture of fitness and sports across institutions.

Photos and Social Media Links

- Events pics uploaded on college Website <https://www.gitiwchd.edu.in/>
- Coverage on social media handles i.e. Facebook, Instagram, Twitter & Linked-in
- Photos/videos uploaded on the mention below link:- <https://events.dgt.gov.in/NSD-2025>
- Details of activities being conducted on National Sports Day filled by using below given link: <https://nicforms.nic.in/enRhYmxlNjhhNDU4MDI3ZmI0MTIwMjUwODE5MTc=>







